



HEMI-LYNC

Making Global Connections

Hemi-Lync is a print media network bulletin board—a communication device—for connecting you with people, events, and publications around the world that have something to share about Hemi-Sync. It's your forum and we encourage you to use it. The items posted in this issue represent only a few of the Hemi-Lync possibilities.

Appearances

Restricted Environmental Stimulation Therapy, or REST, is a clinical tool for addressing stress-related disorders and chronic pain and for enhancing performance. TMI Research Director F. Holmes (Skip) Atwater and former Professional Member Dale S. Foster, PhD, were on the program of "REST '97: Expanding the Bandwidth" on April 18, 1997. Dr. Foster's presentation was based on his doctoral thesis, "EEG and Subjective Correlates of Alpha Frequency Binaural Beat Stimulation Combined with Alpha Biofeedback. Skip presented "Binaural Beats and the Frequency Following Response: A Pilot Study. "

On May 30 and 31, Barbara Bullard, MA, and Elisabeth Y. Fitzhugh appeared at AWAKENINGS in Laguna Hills, California. The two TMI Professional Members co-facilitated "The Dancing DNA," a workshop exploring new principles and tools of consciousness and energy to enhance health and wellbeing. The sessions on May 31 included "Hemi-Sync Sound and Music for the Quantum Leap. "

Professional Member Gari Carter recently did an e-mail interview with Joel Metzger, coordinator of the Online Noetic Network. Their "conversation" was put together into an article and e-mailed to ONN members.

Long-time professional member Carol Sabick took time out from her busy schedule of Hemi-Sync workshops and radio and television appearances in Spain to cross the border into Switzerland. Carol represented TMI at the Ninth International Congress on Stress at Montreux from February 16-21, 1997. Her presentation about Hemi-Sync stimulated great interest in the audience of renowned doctors, scientists and other researchers in the field of stress. Carol's session was reviewed in *Health and Stress*, the newsletter of The American Institute of Stress, headquartered in Yonkers, New York.

Journals

Perceptual and Motor Skills, February 1997, published an abstract of "Auditory Brainwave Stimulation in Treating Alcoholic Depression" by Raymond O. Waldkoetter, EdD, and Gilbert O. Saunders, EdD.

Magazines

"La Technologie Du Bonheur" (The Technology of Well-Being) appeared in the April 1997 issue of the French-Canadian publication *RESOURCES*. From an account of her personal Hemi-Sync experiences, author Denise Neveu segued to an in-depth interview with Professional Member Roger-Michel Poirer, MD. Dr. Poirer gave an overview of TMI's sound technology and its application in various therapeutic settings, as well as a description of his clinic's research plans.

SHAPE, April/May 1997, ran two information-filled paragraphs by Kathy Koontz under the heading "Brain training." Kathy appealed to health and fitness buffs by spotlighting HemiSync as a way to improve sports performance and general physiological functioning and to boost creativity and intuition.

Newsletters

INSIGHTS for the evolving human spirit, the newsletter of Hampton Roads Publishing Company, January 1997, contained an eloquent tribute to J. Edwin Carter penned by Frank DeMarco. That issue also included current information on the second edition of Ed's book, *Living is Forever*, and a special offer on the audio version of the book, and it noted renewed interest in movie rights.

Washington, DC

In April, TMI Director of Corporate Development Mike Boles forwarded the *SURGICAL SUPPORT SERIES* and copies of Catnapper to Erskine Bowles, chief of staff, for use at the White House. Mike reports that the Catnappers are being used by the traveling press corps, and we have received a personal "thank you" note from President Clinton.